

Shinshu University Nagano Junior High School, Grade 7 – Textile Team

Toward a Sustainable Society: Giving New Life to Old Clothes

The Textile Team, composed of first-year students at Shinshu University's Attached Nagano Junior High School, took on the theme of reducing the environmental impact of textile waste. Through hands-on activities, such as reusing and upcycling old clothes, the students explored how creative action can contribute to sustainability.

Collecting and Upcycling Used Clothing

The team collected used clothing and fabric scraps from within the school and repurposed them into original handmade items, which they sold at the school's annual bazaar. Alongside the products, they provided information about the environmental impact of textile waste, encouraging visitors to reflect on their own consumption habits.

Discoveries Through Real-World Practice

Through the process of making, sharing, and educating others, the students gained a deeper understanding of how discarded clothing affects the planet. They also came to appreciate the power of small contributions in everyday life to help build a more sustainable world.

The project inspired them to continue their efforts and explore long-term initiatives for reducing textile waste.